

StarPrep is an introductory to figure skating program for skaters that are at Stage 3 CanSkate or higher.

ON-Ice Fundamentals

Theatre on Ice

Field Moves

Edges & Turns

JumpingSpinning

OFF-Ice Fundamentals

- Body Awareness
- Dryland Jumping
- Fitness
- Dance
- Creative Movement

This program promotes:

- Self-discipline
- Confidence
- Competitive Drive
- Team Spirit
- Fun & Enjoyment

PACKAGES & PRICING

2 Day: Sunday/Tuesday

\$162.00

Skate Canada Membership Fee of \$61.65 will be added to all Gateway Academy registrations. Valid from September 1, 2024 - August 31, 2025.

SCHEDULE & LOCATION

| Tuesday Meadows W (May 20 & 27) | | Sunday Meadows E (June 8 at Meadows W) | |
|------------------------------------|---------|---|---------|
| 6:00-7:45 | | 12:30 - 2:15 pm | |
| 6:00-6:30 | OFF ice | 12:30-1:15 | OFF ice |
| 6:45-7:45 | ON ice | 1:30-2:15 | ON ice |
| Mill Woods B (June 3 & 10) | | | |
| 5:15-7:00 | | | |
| 5:15-6:00 | ON ice | | |
| 6.15-7.00 | OFF ice | | |

* Skaters must select **both days** .

EQUIPMENT

▶ Figure skates, guards for skates, gloves, skating attire (fitted clothing), running shoes, yoga mat.

NOTES

- > Schedules are subject to change at any time. Please check the Events Calendar on the website regularly for changes.
- ➤ Register online through your Uplifter account at www.gatewayskatingclub.org.
- > DEADLINE to register is May 10.
- ➤ See Calendar below.



For further inquiries, contact Nathan Chung at nathann1600@gmail.com